

**10 FLIPPING
WAYS TO MAKE
PATCHWORK FOR
YOUR NEXT
GARMENT**

**A ZINE BY
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**A STUDY ON
COLOR, PATTERN,
AND TEXTURE**

**DREAM OF COLOR,
DREAM OF
TRANSFORMATION,
DREAM OF ALL
THE WAYS THAT
THE OLD CAN BE
MADE NEW AND
YOU WILL FIND
JOY IN THE
PROCESS I
PROMISE YOU
WITH EVERYTHING
I HAVE.**

Why Patchwork?

I love to make clothes but I love to make patchwork even more. This is the process of combing pieces of fabric to create a larger pattern. Popular in quilting, this process has dominated the fashion world for the past several years. Checkerboard is absolutely everywhere and so is all sorts of other patterns that you will learn how to create in this zine.

I also love patchwork because it is sustainable. I often combine fabric from clothing that is damaged or undesirable (think of a fun run t-shirt at a reuse store) and I turn that into a piece that I will love and wear.

Patchwork doesn't have to be complicated, I often use these techniques to combine similar weight fabrics so that I can create more fabric to use in a project. I think patchwork provides visual interest and to me it satisfies my desire to design something unique that only I have.

Tips for Sewing Curves

Sewing curved lines can be scary to some, but they are actually doable if you know a few things.

First, when you cut a curved line in a piece of fabric the opposite piece of fabric should line up with its counterpart. Essentially, they are the inverse of each other and should fit together like a puzzle piece.

Next, gentle curves are your friend when starting out. Begin with a slight curve and stay away from deep curves.

Also, do not worry too much if the pieces do not perfectly align when you reach the end. Ask yourself, "Does it lay flat?" That will be the true test of if your curve was successful or not.

Color, Pattern, and Texture

I think about shape all the time, especially in the context of color, pattern, and texture.

Color being the ways in which different fabrics interact when placed beside each other.

Pattern being the shapes and repeats that develop when pieces are added and taken away from one another.

Texture being the contributions and feeling that each fabric piece makes to a single composition.

I could lose my mind in the vast possibilities of these three precious building blocks. The ways in which I am surprised by the combinations and how I discover most of them without forethought.

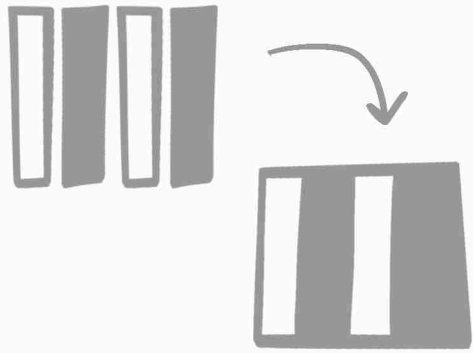
A Little Sewing Mantra

Make clothes for your body and then make more of them. Dare to challenge yourself and to grow into the person that you are. Allow color and pattern and texture to be your guiding principles as you hack together little pieces of things. Trust your instinct and then lie to yourself when instinct betrays you. Be confident in your choices and learn to love the process. You are capable of so much and so many, all you have to do is begin and grow. Maybe you are afraid to begin and that is okay. Just know that you will make mistakes along the way, beautiful mistakes. You will fall short and feel inept. You will also defy your own expectations and you will make better garments every time you show up for yourself.

Stitch your dreams into the clothes that you make. Believe in the possibility of the clothes that you wear. Extend their life and reuse them. Create new pieces from forgotten ones. Repair and re-value each item in your closet. The most sustainable option is to make do with what you what you have, so make do with what you have, but take it to the moon. Expand the beauty of what is in front of you in little ways, little hacks. You have access to anything your mind can think of and you do not have to go about it in the correct way, you only have to go about it in your own way. So what if you do not achieve perfection. Perfection is boring, did you not know that? The exposed and the unsymmetrical and the clashing and the little rips you make along the way. They tell a much more interesting and valuable story than, OH that garment is perfect.

Stripes

* In order to make striped fabric, one simply needs to sew strips of fabric together in alternating colorways.



Curvy Lines

* In order to spice up your striped fabric, consider adding curved lines for visual interest.

* In order to begin, start by taking a wide strip of fabric and cutting a random slightly curved and wavy line along the edge of the strip.

* Next, overlay that wavy edge with another strip of fabric. When you look at both of these strips of fabric, your wavy edge should be roughly in the middle.

* Cut the second strip along this wavy edge so that you end up with two strips that match (or are mirror images of each other).

* Next, flip the right piece over so that the right side (or pretty sides) are touching and sew the pieces together (note: go slow, and keep repositioning the fabric so that the edges are aligned. Use a consistent seam allowance).

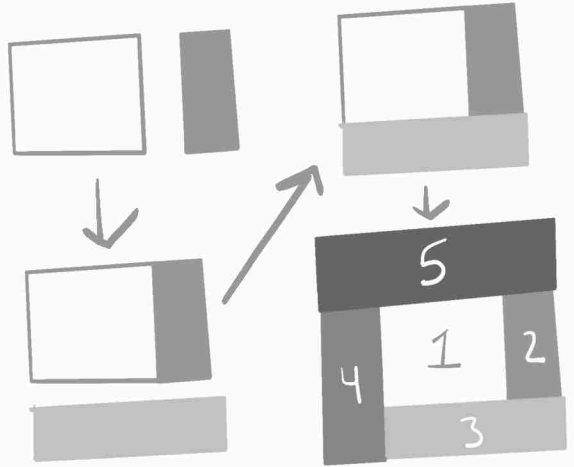


Log Cabin

* The log cabin quilt block is a traditional form of creating patchwork and is probably recognizable to you.

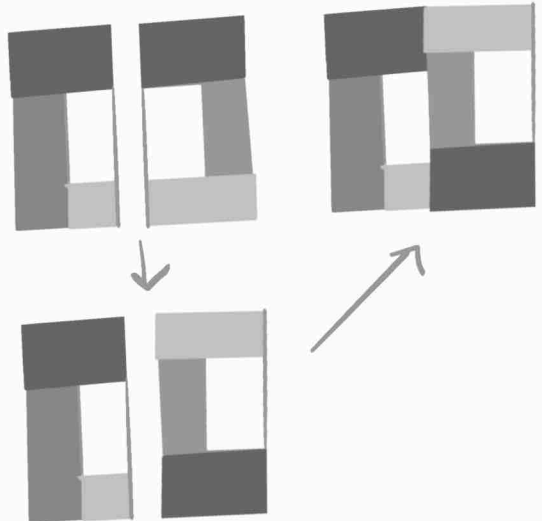
* You start with a square and then you add strips onto each side like logs on a cabin.

* Continue adding strips to each side until you reach your desired size.



Chopped Log Cabin

* One variation on this log cabin process is to cut into your patchwork at random intervals while you are adding the strips. This creates a varied effect that looks a little bit chaotic and almost pixelated.



Checkerboard

* Start by cutting long strips of fabric in two colorways.

* Line up the strips so that they alternate color (black, white, black white).

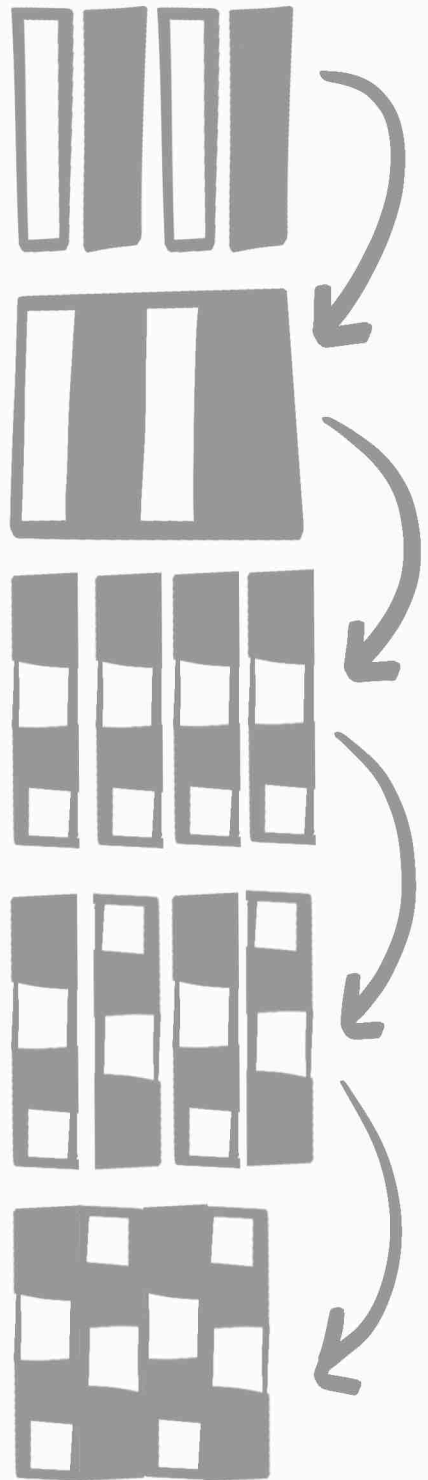
* Sew the strips together in this way so that you end up with a panel of long strips that alternate color (note: the first strip and the last strip should be opposite colors)

* Rotate the panel so that the strips are going in a horizontal direction in front of you.

* Cut across the alternating pattern so that you end up with strips that resemble squares stacked on top of each other.

* Rotate every other strip 180 degrees so that your strips start to resemble a checkerboard pattern.

* Sew these strips right sides together so that you end up with a checkerboard piece of patchwork (note: your squares may not line up exactly, that is part of the beauty)



Wavy Checkerboard

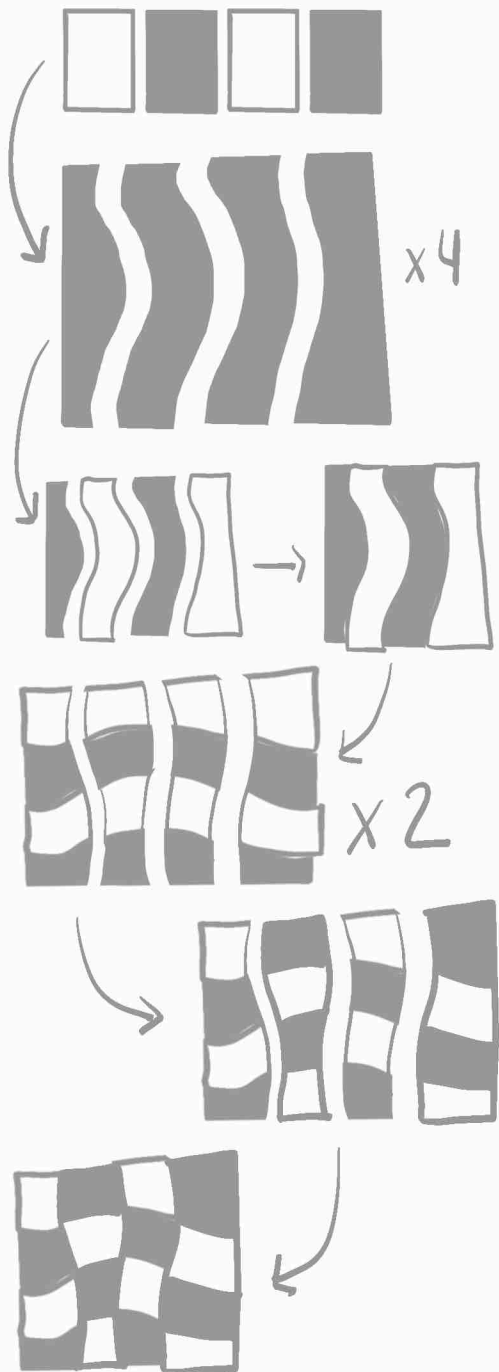
* Cut out four rectangle pieces of fabric out, two of each color.

* Stack them on top of each other and cut gently curved lines going one way across the fabric.

* Arrange them in such a way that you have two sets where the colors of the curved lines alternate. Sew these together to create two rectangle pieces with alternating curved lines.

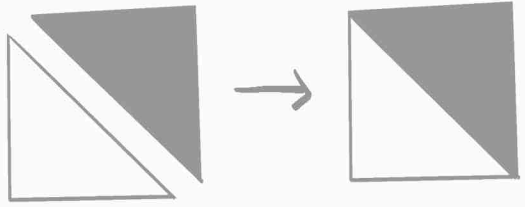
* Rotate so that the lines are going horizontal and cut identical wavy lines into both sets at the same time.

* Alternate the strips as before to create wavy checkerboard patchwork and sew these curved strips together.

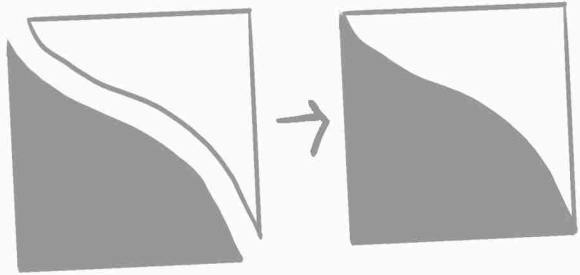


Curved Half Square Triangle

* A half square triangle is a traditional quilt block that is square and is split in two diagonally, creating two triangles. One variation that I love to do is instead of a straight diagonal line, I make a curved one.



* In order to do this, stack two squares of differing colors on top of one another and cut a curved line simultaneously across both squares. Then, take one side and switch the colors so that you have two sets of squares with two different colors. Sew these pieces together along that curved line.

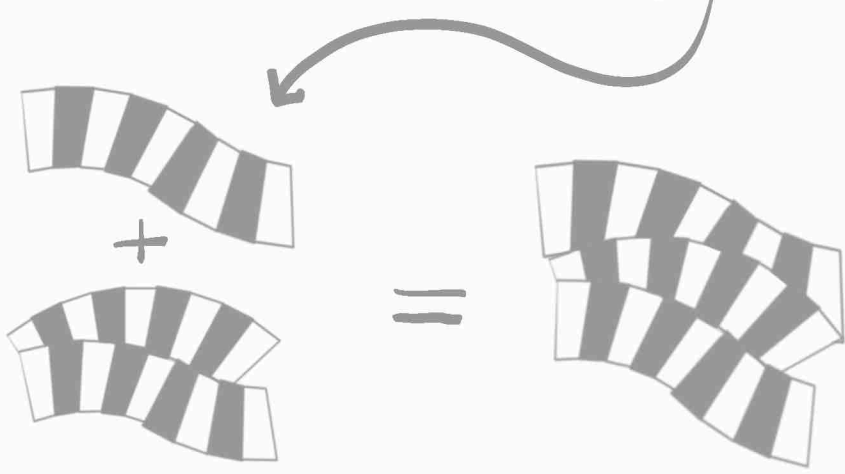
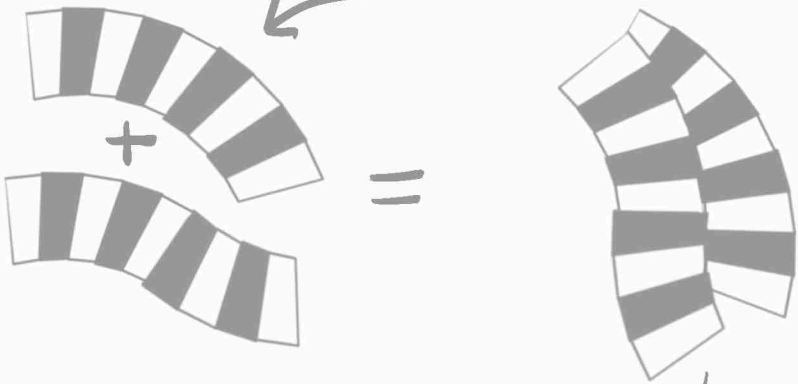
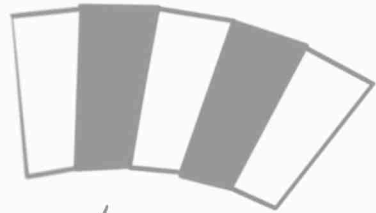
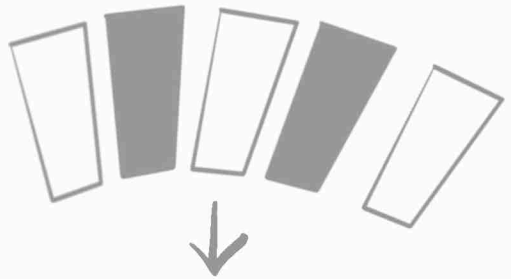


Wedge Patchwork

* In order to create wedge patchwork, cut several wedge shaped pieces of fabric that are roughly the same length.

* Then, sew these pieces together to create an organic curved line of fabric.

* Next, attach these curved pieces together by overlaying them and sewing the curves together.



3D Patchwork

* What does it mean to you if I said create 3D patchwork?

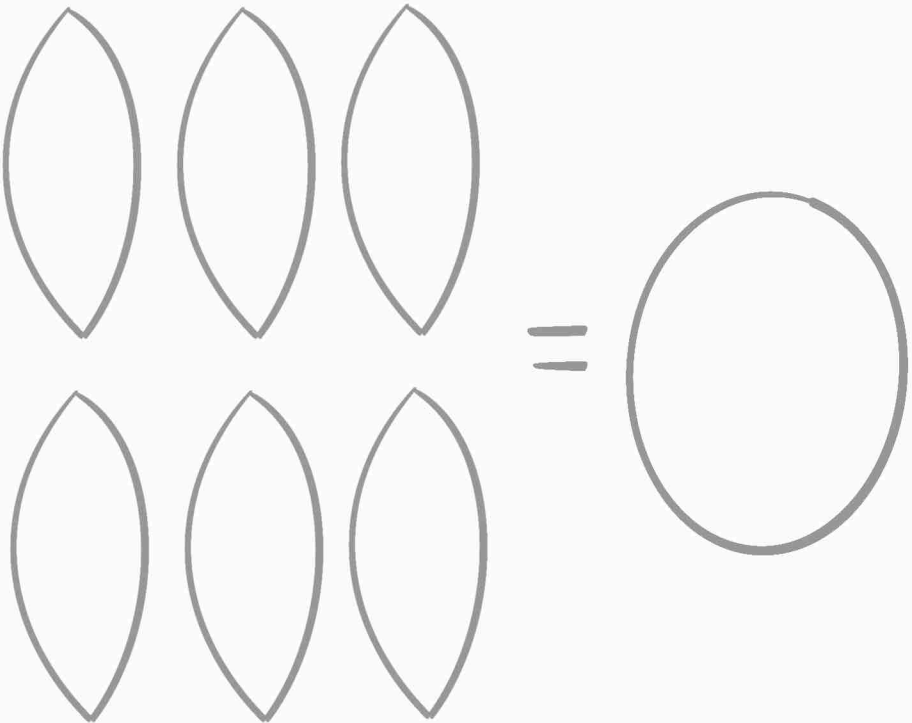
* I create 3D patchwork by inserting pre-sewn shapes in between my two pieces of fabric that I am sewing together, like a sandwich.

* There are no limits to this honestly. Only what you can imagine.

Blobs

* I create 3D spheres by sewing football shaped pieces of fabric together, along the curved sides of the shape.

* I add these to precut holes in a piece of patchwork or I stuff with polyfil and attach to a surface of my choosing.



**CAN YOU DREAM OF
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CAN YOU IMAGINE
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YOU WILL MAKE IN
THE PURSUIT OF
PATTERN MAKING?
I AM JEALOUS OF
THE JOY YOU WILL
FIND.**

garbie

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